COSEHC was recently re-accredited by the Accreditation Council for Continuing Medical Education (ACCME) achieving Commendation status. Accreditation with Commendation confers a six-year term of accreditation awarded to accredited providers for demonstrating compliance with ALL of the ACCME requirements.

The ACCME empowers CME providers to deliver high-quality education that drives improvements in practice and helps clinicians and teams to optimize the care, health, and wellness of patients.
Held on the Isle of Palms, SC, the Collaborative was a huge success, with 200 attendees from 20 different US states.

A special Fireside Chat featured Paul McGann, MD, Chief Medical Officer for Quality Improvement, and Co-Director, Transforming Clinical Practice Initiative, The Centers for Medicare and Medicaid Services, along with David Camouche, MD, Ochsner Health Network, and COSEHC Board of Directors President-Elect.

The Fireside Chat with CMS Leadership, is available on YouTube, on the COSEHC channel.

Dr. Christine Sinsky, with the American Medical Association, presented an informative Lecture Luncheon: In Search of Joy in Medicine.

“High levels of physician burnout continues to be a problem in healthcare. Emotional exhaustion, depersonalization and lack of efficacy are characteristics of burnout - it is essential to identify and treat early to ensure optimal patient outcomes/satisfaction, physician well-being and minimize organizational costs”.

General Sessions featured:
- COSEHC: Roots, Wings and Horizon
- The Business Case for Sustainable Transformation
- The Most Important Clinical Points to Implementing the New Hypertension and Lipid Guidelines
- Zero Suicide Initiative: The Power of Behavioral Health Integration

Breakout Sessions and Roundtable Topics:
- Effective Value-Based Partnerships-Key Success Factors
- Engaging your Healthcare Team in Best Practice Care Models
- Substance Use Disorders-Prevention & Treatment Strategies
- Correct Coding-Improve Compliance and Potential to Enhance Reimbursement
- Expanding Care Outside of the Office Visit
- Investing in Complex Care Management
- Engaging the Challenging Patient
- Optimizing Performance Payments
- Creating Continuity Through Community: Building a Medical Neighborhood
- Whole-Person Care & Lifestyle Medicine

Practice Performance Showcase - a special showcase provided an opportunity for Practices to promote their value propositions.

Poster Gallery - informative posters were displayed by several Practices — “Spotlighting High-Practice Performance”.

Exhibitors—a special THANK YOU to the Exhibitors for their support and contributing their wealth of information.

Slide presentations from the General Sessions and Breakouts are available on the COSEHC website.

Congratulations to each of you!

**THE 2019 COSEHC Awardees**

- **Lifetime Achievement Award**
  - Dr. Dan Jones

- **Excellence in Leadership Award**
  - Dr. Robert Carey

- **New Investigator Award**
  - Dr. Elizabeth Kirkland

- **Clinical Excellence Award**
  - Dr. Brent Egan

*Congratulations to each of you!*
## Cosehc’s Newest Board Members

<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Role</th>
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<tbody>
<tr>
<td>Amy Amick</td>
<td>President and Chief Executive Officer of SPH Analytics, bringing more than twenty-five years of experience serving the healthcare market. Under her leadership, the SPH Analytics (SPH) team is focused on empowering health plans, providers, and healthcare networks with innovative solutions that drive quality, improve engagement and help reduce costs. Prior to joining SPH, Amick was President of market-leading Revenue Cycle Management at MedAssets (now nThrive), Chief Operating Officer for M*Modal, and General Manager, Worldwide Services at Microsoft. Amick received an MBA from the Kellogg School of Management, Northwestern University, and a BA in political science and leadership studies from the University of Richmond.</td>
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<td>Michael Caplan, MD</td>
<td>has practiced Internal Medicine for thirty-two years in Danville Virginia and served as Chief of Staff and Medical Director for the ICU and CCU at Danville Regional Medical Center. He served for seventeen years on the Board of Directors for Danville Regional Medical Center and has provided consultant services for medical policy, leadership and technology to Sentara Health. He is currently the Faculty Director of the Danville Internal Medicine Residency Continuity Clinic, Medical Director of Gateway Health Alliance Insurance, Member of LifePoint Health’s National Physicians Advisory Board and Chairman of Advantage Point Health Alliance Clinically Integrated Network.</td>
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<td>Ross Simpson, MD, PhD</td>
<td>is a Professor of Medicine and Clinical Professor of Epidemiology at the University of North Carolina, Chapel Hill. He received his MD from Georgetown University and completed further training in internal medicine and cardiology at the University of Illinois Hospital, Chicago. He received a PhD in Epidemiology from UNC. He formerly served as Medical Director and Principal Clinical Coordinator at the Carolinas Center for Medical Excellence. His research interests include the epidemiology and prevention of sudden unexpected death in adults, as well as the management of hypercholesterolemia, hypertension, and cardiovascular disease.</td>
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<td>Steven M. Smith, PharmD, MPH</td>
<td>is an Assistant Professor of Pharmacotherapy and Translational Research and Associate Director for the Center for Integrative Cardiovascular and Metabolic Disease at the University of Florida. He began his career as a clinical pharmacist focused on hypertension and other cardiovascular disorders in a Family Medicine setting. His current research is focused on observational studies in hypertension and, particularly, treatment-resistant hypertension. He has previously served as the Institute of Medicine Fellow in Pharmacy and helped lead development of the Certified Hypertension Clinician program under the American Hypertension Specialist Certification Program.</td>
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<tr>
<td>Anna Thomas</td>
<td>leads The Kinetix Group’s care delivery consulting practice and contributes to the company’s innovation and value-based strategy initiatives. She works with forward-thinking health system and payer partners to design and implement scalable care delivery models that improve efficiency and effectiveness, drive better population health, and deliver sustainable value. Anna serves as the Assistant Director of the COSEHC Qualitymapct, a CMS-funded practice transformation network under the Transforming Clinical Practice Initiative (TCPI). Previously, Anna was the Co-Founder and Chief Happiness Officer of Loosecubes, a venture-backed marketplace startup. She received her Bachelors of Business Administration with honors from The George Washington University. She currently resides in New Orleans, LA.</td>
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Cosehc Centers of Excellence

A Warm Welcome to the newest COSEHC Centers of Excellence Representatives!

Keith Ferdinand, MD—Tulane University School of Medicine

John McAlearney, PhD—Wright State University Boonshoft School of Medicine

Matthew Crim, MD—Augusta University-University of Georgia Medical Partnership
Cosehc’s CME Corner

2019 COSEHC/ QualityImpact Collaborative Modules

On-line modules from the recorded 2019 Annual Meeting general sessions are available. COSEHC has created these excellent presentations as CME enduring material activities to offer to a larger audience. There is a modest CME registration fee. COSEHC will provide CME credits upon completion of the module and post-test. Please extend this invitation to your practice-based providers and others who would benefit. The modules include:

- **The Most Important Clinical Points to Implementing the New Hypertension and Lipid Guidelines: A Case Oriented Approach**
  This CME activity offers participants the opportunity to hear the Top 10 Take Home Messages for the new Hypertension (2017) and Cholesterol (2018) Guidelines from renowned national experts. Companion cases are discussed to demonstrate the proper screening pathways. 1.25 CME Credit

- **Improving Joy in Medicine**
  High levels of physician burnout continues to be a problem in healthcare. This activity reviews the symptoms of burnout, explores optional solutions and the application of interventions that can be applied to providers’ practice. .75 CME Credit

- **The Business Case for Sustainable Transformation: Success Under Risk**
  As healthcare continues to shift from fee for service to value-based care, there is an critical focus on practice transformation. Imperatives for success include: quality care delivery, appropriate healthcare resource utilization, unnecessary cost reductions, and developed business acumen. Experts will address what it takes to be successful and provide the tools that have proven to be favorable. 1 CME Credit

- **Zero Suicide Initiative: The Power of Behavioral Health Integration**
  Studies have shown that physical conditions play a role in suicide risk – this is proof that suicide is the core responsibility of health care. This CME activity will demonstrate the benefits of behavioral health integration through the Zero Suicide Initiative. 1 CME Credit

To access the modules, use the link, http://www.cosehc.org

“Our Work” section/ Current CME Modules

Clinically Correct Coding Modules

The CME-accredited learning modules, Billing & Coding Educational Series, are available online!

- **Evaluation & Management (E&M): Getting Paid for What You Do**
- **Medicare Wellness Visits**
- **Chronic Care Management: Clinical Applications**
- **Transitions of Care: TCM Coding and Workflows**
- **Quality Measurement & Reporting**
- **Understanding Risk Applications in Care Delivery**

- Participants will receive 0.5 – 1 CME credits provided by COSEHC upon completing a module and corresponding post-test

- Create a new user account on the e-learning platform: https://protimellc.com/COSEHC-Quality-Impact-Registration
  - Note: Returning users can use their existing account to login

- Use the following link to access the module library: https://protimellc.com/My-Courses
Caught on Camera at the 2019 COSEHC Meeting
Thank you to all the COSEHC Board of Directors, COSEHC Centers of Excellence, and COSEHC Staff for making COSEHC a Successful Pioneer since 1993!
Visit us on Social Media

Visit the revamped COSEHC website!
http://www.cosehc.org

Consortium for Southeastern Hypertension Control
eliminating cardiovascular and metabolic disease in all people