



CONSORTIUM FOR SOUTHEASTERN HYPERTENSION CONTROL

Eradicating vascular disease in all people

Summer 2019

SUMMER GREETINGS TO ALL!

ANNOUNCING...

COSEHC's ACCME Reaccreditation with Commendation

COSEHC was recently re-accredited by the Accreditation Council for Continuation Medical Education (ACCME) achieving Commendation status. Accreditation with Commendation confers a six-year term of accreditation awarded to accredited providers for demonstrating compliance with ALL of the ACCME requirements.

The ACCME empowers CME providers to deliver high-quality education that drives improvements in practice and helps clinicians and teams to optimize the care, health, and wellness of patients.

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Network of Quality Improvement and Innovation Contractors (NQIIC)

The Centers of Medicare and Medicaid Services (CMS) has awarded COSEHC as one of 59 healthcare entities selected to be a NQIIC Indefinite-Delivery/Indefinite-Quantity (IDIQ) federal contractor. As a NQIIC IDIQ contractor, COSEHC is eligible to bid on issued task orders that are projected to focus on data-driven health care quality improvement efforts and to support innovative ways to address, affordability and accessibility and improve customer experience. Several task orders aligned with achieving CMS's national healthcare goals will be issued. COSEHC will bid on task orders for which we are eligible and have the capability and capacity to carry out the project. Key domains of these task orders include: Health Information Technology, community coalitions, data transparency and sustainable clinical quality improvement (with special focus on chronic disease management, behavioral health and care coordination).

COSEHC has submitted an application for Task Order 1 focused on becoming a quality improvement network.

COSEHC is preparing an application for Task Order 2, which is focused on clinician quality improvement and is due by July 17, 2019.



The COSEHC/
QualityImpact PTN
2019 Annual
Collaborative and
Education Sessions
were held on March
13–15 at the Isle of
Palms, SC. See
page 2.



THE 2019 COSEHC/QUALITYIMPACT MEETING – WORLD OF VALUE: ACCELERATING PERFORMANCE AND CELEBRATING SUCCESS

Held on the Isle of Palms, SC, the Collaborative was a huge success, with 200 attendees from 20 different US states.

A special **Fireside Chat** featured **Paul McGann, MD**, Chief Medical Officer for Quality Improvement, and Co-Director, Transforming Clinical Practice Initiative, The Centers for Medicare and Medicaid Services, along with **David Carmouche, MD**, Ochsner Health Network, and COSEHC Board of Directors President-Elect.

The Fireside Chat with CMS Leadership, is available on YouTube, on the COSEHC channel.



General Sessions featured:

- **COSEHC: Roots, Wings and Horizon**
- The **Business Case** for **Sustainable Transformation**
- The Most Important Clinical Points to **Implementing the New Hypertension and Lipid Guidelines**
- **Zero Suicide** Initiative: The Power of **Behavioral Health Integration**

Breakout Sessions and Roundtable Topics:

- **Effective Value-Based Partnerships**-Key Success Factors
- **Engaging your Healthcare Team** in Best Practice Care Models
- **Substance Use Disorders**-Prevention & Treatment Strategies
- **Correct Coding**-Improve Compliance and Potential to Enhance Reimbursement
- **Expanding Care** Outside of the Office Visit
- **Investing in Complex Care Management**
- **Engaging the Challenging Patient**
- **Optimizing Performance Payments**
- **Creating Continuity Through Community: Building a Medical Neighborhood**
- **Whole-Person Care & Lifestyle Medicine**

Practice Performance Showcase - a special showcase provided an opportunity for Practices to **promote their value** propositions.

Poster Gallery - **informative posters** were displayed by several Practices — “Spotlighting High-Practice Performance”.

Exhibitors—a special **THANK YOU to the Exhibitors** for their support and contributing their wealth of information.

Dr. Christine Sinsky, with the American Medical Association, presented an informative **Lecture Luncheon: In Search of Joy in Medicine**.

“High levels of physician burnout continues to be a problem in healthcare. Emotional exhaustion, depersonalization and lack of efficacy are characteristics of burnout - it is essential to identify and treat early to ensure optimal patient outcomes/satisfaction, physician well-being and minimize organizational costs”.



Slide presentations from the General Sessions and Breakouts are available on the COSEHC website.

See the link, http://www.cosehc.org/V3/2019_Slides.aspx.

THE 2019 COSEHC AWARDEES



Lifetime Achievement Award
Dr. Dan Jones



Excellence in Leadership Award
Dr. Robert Carey



New Investigator Award
Dr. Elizabeth Kirkland



Clinical Excellence Award
Dr. Brent Egan



Congratulations to each of you!

COSEHC'S NEWEST BOARD MEMBERS



Amy Amick is the President and Chief Executive Officer of SPH Analytics, bringing more than twenty-five years of experience serving the healthcare market. Under her leadership, the SPH Analytics (SPH) team is focused on empowering health plans, providers, and healthcare networks with innovative solutions that drive quality, improve engagement and help reduce costs.

Prior to joining SPH, Amick was President of market-leading Revenue Cycle Management at MedAssets (now nThrive), Chief Operating Officer for M*Modal, and General Manager, Worldwide Services at Microsoft. Amick received an MBA from the Kellogg School of Management, Northwestern University, and a BA in political science and leadership studies from the University of Richmond.



Michael Caplan, MD has practiced Internal Medicine for thirty-two years in Danville Virginia and served as Chief of Staff and Medical Director for the ICU and CCU at Danville Regional Medical Center. He served for seventeen years on the Board of Directors for Danville Regional Medical Center and has provided consultant services for medical policy, leadership and technology to Sentara Health. He is currently the Faculty Director of the Danville Internal Medicine Residency Continuity Clinic, Medical Director of Gateway Health Alliance Insurance, Member of Life-point Health's National Physicians Advisory Board and Chairman of Advantage Point Health Alliance Clinically Integrated Network.



Ross Simpson, MD, PhD is a Professor of Medicine and Clinical Professor of Epidemiology at the University of North Carolina, Chapel Hill. He received his MD from Georgetown University and completed further training in internal medicine and cardiology at the University of Illinois Hospital, Chicago. He received a PhD in Epidemiology from UNC. He formerly served as Medical Director and Principal Clinical Coordinator at the Carolinas Center for Medical Excellence. His research interests include the epidemiology and prevention of sudden unexpected death in adults, as well as the management of hypercholesterolemia, hypertension, and cardiovascular disease.



Steven M. Smith, PharmD, MPH is an Assistant Professor of Pharmacotherapy and Translational Research and Associate Director for the Center for Integrative Cardiovascular and Metabolic Disease at the University of Florida. He began his career as a clinical pharmacist focused on hypertension and other cardiovascular disorders in a Family Medicine setting. His current research is focused on observational studies in hypertension and, particularly, treatment-resistant hypertension. He has previously served as the Institute of Medicine Fellow in Pharmacy and helped lead development of the Certified Hypertension Clinician program under the American Hypertension Specialist Certification Program.



Anna Thomas leads The Kinetix Group's care delivery consulting practice and contributes to the company's innovation and value-based strategy initiatives. She works with forward-thinking health system and payer partners to design and implement scalable care delivery models that improve efficiency and effectiveness, drive better population health, and deliver sustainable value. Anna serves as the Assistant Director of the COSEHC QualityImpact, a CMS-funded practice transformation network under the Transforming Clinical Practice Initiative (TCPI).

Previously, Anna was the Co-Founder and Chief Happiness Officer of Loosecubes, a venture-backed marketplace startup. She received her Bachelors of Business Administration with honors from The George Washington University. She currently resides in New Orleans, LA.

COSEHC CENTERS OF EXCELLENCE

A Warm Welcome to the newest COSEHC Centers of Excellence Representatives!

Keith Ferdinand, MD—
Tulane University
School of Medicine



John McAlearney,
PhD—Wright State Uni-
versity Boonshoft
School of Medicine



Matthew Crim, MD —
Augusta University-
University of Georgia Medi-
cal Partnership



COSEHC'S CME CORNER

2019 COSEHC/ QualityImpact Collaborative Modules

On-line modules from the recorded 2019 Annual Meeting general sessions are available. COSEHC has created these excellent presentations as CME enduring material activities to offer to a larger audience. There is a modest CME registration fee. COSEHC will provide CME credits upon completion of the module and post-test. Please extend this invitation to your practice-based providers and others who would benefit. **The modules include:**

✦ ***The Most Important Clinical Points to Implementing the New Hypertension and Lipid Guidelines: A Case Oriented Approach***

This CME activity offers participants the opportunity to hear the Top 10 Take Home Messages for the new Hypertension (2017) and Cholesterol (2018) Guidelines from renowned national experts. Companion cases are discussed to demonstrate the proper screening pathways. 1.25 CME Credit

✦ ***Improving Joy in Medicine***

High levels of physician burnout continues to be a problem in healthcare. This activity reviews the symptoms of burnout, explores optional solutions and the application of interventions that can be applied to providers' practice. .75 CME Credit

✦ ***The Business Case for Sustainable Transformation: Success Under Risk***

As healthcare continues to shift from fee for service to value-based care, there is an critical focus on practice transformation. Imperatives for success include: quality care delivery, appropriate healthcare resource utilization, unnecessary cost reductions, and developed business acumen. Experts will address what it takes to be successful and provide the tools that have proven to be favorable. 1 CME Credit

✦ ***Zero Suicide Initiative: The Power of Behavioral Health Integration***

Studies have shown that physical conditions play a role in suicide risk – this is proof that suicide is the core responsibility of health care. This CME activity will demonstrate the benefits of behavioral health integration through the Zero Suicide Initiative. 1 CME Credit

To access the modules, use the link, <http://www.cosehc.org>

“Our Work“ section/ Current CME Modules”

Clinically Correct Coding Modules

The CME-accredited learning modules, **Billing & Coding Educational Series**, are available online!

✦ ***Evaluation & Management (E&M): Getting Paid for What You Do***

✦ ***Medicare Wellness Visits***

✦ ***Chronic Care Management: Clinical Applications***

✦ ***Transitions of Care: TCM Coding and Workflows***

✦ ***Quality Measurement & Reporting***


✦ ***Understanding Risk Applications in Care Delivery***

- Participants will receive 0.5 – 1 CME credits provided by COSEHC upon completing a module and corresponding post-test
- Create a ***new user account*** on the e-learning platform: <https://protimellc.com/COSEHC-Quality-Impact-Registration>
 - ***Note: Returning users can use their existing account to login***
- Use the following link to access the **module library**: <https://protimellc.com/My-Courses>



CAUGHT ON CAMERA AT THE 2019 COSEHC MEETING

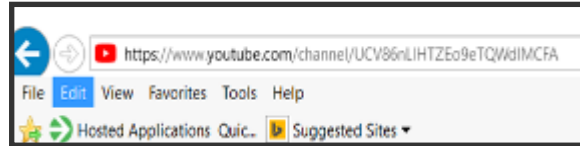




Celebrating 25 Years	
Present	CMS Network of Quality Improvement and Innovation Contract
2015	CMS Transforming Clinical Practice Initiative Award
2013	PI CME – Quality Blue Primary Care
2013	Population Health Outcomes
2010	Integrated Medical Processes, LLC
2008	PI CME – AT GOAL
2006	Translational Research CME
2004	Patient Registry Established
2002	CME Accreditation with Commendation
2000	NHLBI EDUCS Validation of CV Center Model
1999	New Publication – Control of Hypertension in the Southeast
1997	First Publication – Morbidity and Mortality in the Southeast
1997	First COSEHC Cardiovascular Centers of Excellence
1993	COSEHC Founded

“Thank you” to
all the COSEHC
Board of
Directors,
COSEHC Cen-
ters of
Excellence,
and COSEHC
Staff for making
COSEHC a
Successful
Pioneer since
1993!

VISIT US ON SOCIAL MEDIA



Visit the revamped COSEHC website!
<http://www.cosehc.org>



Consortium for Southeastern Hypertension Control

eliminating cardiovascular and metabolic disease in all people

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